

Facilitator



Chris O'Rear, MDiv, MMFT

Chris is a licensed Clinical Pastoral Therapist in Tennessee and is the Director of the Counseling Center at Belle Meade United Methodist Church. He earned his Master of Divinity in pastoral care & counseling from Southern Baptist Theological Seminary and his Master of Marriage & Family Therapy from Trevecca Nazarene University. Chris is a Diplomate (Approved Supervisor) in the American Association of Pastoral Counselors.

For more information or to register:

Chris O'Rear

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(615) 763-3236

"This training has been the most helpful I have attended on this topic because it has given me a way to talk about spiritual issues with my clients that goes beyond my own tradition and understanding."



Photo by Yousef Espanioly on Unsplash

THEOLOGICAL REFLECTION CASE CONSULTATION GROUP

*An ecumenical case
consultation group for depth,
meaning, assessment &
utilization of spiritual
resources*

Overview

Integrating a client's faith story as part of psychotherapy can take many forms. At a basic level, it is about how we listen to our clients and their stories not just for the overt religious themes and content, but for the subtle nuances of ultimate concern, sin, grace, forgiveness, love, vocation, belonging, etc. Encountering our clients and their story involves opening ourselves to hearing the story wherever it may take us. Some of our clients' stories and beliefs may challenge our own understanding and force us to wrestle with our own understandings and beliefs.

This case consultation group involves shared case material by members in a confidential setting, reflection on the case material through a broad theological lens, and time for personal interaction to enhance therapist growth and development.

Learning Objectives

1. Participants will experience a broadening of appreciation for diverse points of view by reviewing a variety of cases with a diverse group of participants and engaging in dialogue and reflection with a range of ethnic, socio-economic, and religious perspectives.

2. Participants will gain an awareness of how to listen for the spiritual story of their clients and learn how to integrate that story with other aspects of therapy.
3. Participants will grow in an understanding of their own spiritual and religious traditions and learn when and how to appropriately draw on these for the benefit of their clients.

Details

Date & Time

This group meets from 1:00 – 2:30PM on the 2nd & 4th Friday of each month. New members are added each quarter.

Contact us about the next date for new members to join.

Location

The group will meet at the Counseling Center at Belle Meade United Methodist Church at 121 Davidson Road, Nashville, TN 37205.

Cost

The group will cost \$10 per session (\$20 per month). To maintain group continuity, each member must agree to a minimum of 3 months and may pay monthly, bi-monthly, or in full upfront.

CEUs & Supervision

No CEUs will be offered for this group. This group may be eligible for supervision for LPC & CPT candidates.

How to Register

For more information or to apply online, visit

www.CounselingatBMUMC.com/Events

or contact Chris O'Rear at

Chris@counselingatBMUMC.com or

(615) 763-3236